



**DEMENTIA  
AWARENESS  
WEEK** 1-7 June

# WORKING TOWARDS A DEMENTIA FRIENDLY COMMUNITY ON ARRAN, TOGETHER!

As part of an Island-wide initiative to work towards Arran becoming a more dementia friendly community, Arran Community and Voluntary Service are pushing ahead with dementia awareness sessions, via Alzheimer Scotland. Auchrannie Resort, The Co-op, The Douglas Hotel and Balmichael Glamping are among those quick off the mark to show their support.

Next to get involved is ARRAN Sense of Scotland (Arran Aromatics) the new official charity partner of Alzheimer Scotland. Jill Hunter, Development Officer for Arran CVS, is collaborating with Alzheimer Scotland to take a joined-up approach to working with Arran's local businesses.

'The new partnership with Alzheimer Scotland and ARRAN Sense of Scotland is a step forward for the Island. The backing of an established and well-loved brand goes a long way in helping challenge some of misconceptions surrounding dementia' Jill Hunter, Arran CVS.

ARRAN Sense of Scotland has committed to becoming a 'dementia friendly company' and will undergo an audit in order to be more accommodating to those affected by cognitive impairments, as well as supporting the charity on key projects and events. They are leading the way for other businesses on the island.

Arran CVS is focusing on the following key areas: Business environments /Public spaces; Pedestrian road safety in high traffic areas; Clear routes to support & information and a platform for discussion for people living with dementia and those who care for them.

We are in talks with local businesses and those in charge of public spaces to discuss the possibility of installing dedicated dementia information points. The idea is to make information on all aspects of living with dementia readily available, from routes to diagnosis to hearing about dementia friendly community events.

Future plans also include helping to launch the Purple Alert app, a free community minded app for people affected by dementia. It has been designed and developed by people living with dementia and carers, Alzheimer Scotland staff, Police Scotland, Social Work, Dementia Friends Scotland, Health and Social Care Partnerships and Telecare Services.

**Underpinning all of our objectives, is the need to hear directly from Arran residents, in order to have their input on where improvements can be made.**



**Kate Russell of the Douglas Hotel & Jackie Vaught (Professional Golf Promoter) who took part in training and raising awareness earlier this year.**



## DEMENTIA SURVEY



A short survey for Island residents can be found on the adjacent page. Arran Banner readers are invited to share their own experiences and suggestions, instructions for returning completed surveys are detailed. Alternatively, arrangements can be made to complete the survey over the phone, or via email.

**24 HOUR** Dementia **Helpline**

Alzheimer Scotland Action on Dementia

Freephone 0808 808 3000  
Email [helpline@alzscot.org](mailto:helpline@alzscot.org)



# Thank you for helping to highlight priorities for those living with dementia on the Isle of Arran

If you wish to complete this survey over the phone, please get in touch with us on 01770 600611. All information will be used for research purposes only. Please read the following statements and tick the one that applies to you:

I am a person living with dementia  Or, I am a carer or helper completing the survey on behalf of someone with dementia

## 1 My local area

Please tick the box which best describes how you feel about the following statements:



Strongly Disagree

Disagree

Not Sure

Agree

Strongly Agree

I have easy access to public transport	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I know how I can access mobility aids	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel comfortable socialising in my community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I know where I can find out about support or activities for people with dementia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
There are no obstacles (signage, physical, poor lighting, narrow paths) preventing me from moving around my village	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I find blue badge or other convenient parking spaces easily	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Visual and hearing impairments are well catered for in my local businesses including restaurants	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have a network of health professionals, including GPs to support me in my local area	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel safe as a pedestrian when crossing the roads in my local area	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel safe when crossing the road in high traffic areas such as Brodick or Lamlash	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
There are places to sit and rest outside and inside of shops in my local village	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What is the name of your nearest village? \_\_\_\_\_

## 2 What improvements could help increase dementia friendliness of your community?

This can be in relation to transport, services, signposting, businesses and restaurants, the built environment or anything else you feel we need to know about.

Your suggestions:

## 3 Completed surveys

Surveys can be cut-out and put in a designated collection box in the Big Co-op, Brodick, or through the letter box of the Arran CVS office, see address below. Alternatively, contact Jill Hunter to arrange collection or completion over the phone. Extra copies of the survey will be made available. Thank you for taking part.

Telephone: 01770 600611

Email: [jill.hunter@arrancvs.org.uk](mailto:jill.hunter@arrancvs.org.uk)

Arran CVS, Park Terrace, Lamlash KA27 8NB

